

Scripps College Off-Campus Referral Program

The Scripps College Referral Program serves as an additional resource for accessing mental health related counseling and therapy in the local area.

Important Note: The Off-Campus Referral Program should not be utilized for medical emergencies. Students in mental health crisis should first contact one of the following emergency service providers:

Resource	Phone	On Campus #	Email
Campus Safety	(909) 607-2000	72000	dispatch@cuc.claremont.edu
Therapist On Call	 (909) 621-8202 Press 1	18202	n/a

After Hours 5pm-8: 30am for Urgent Student Matters

Resource	Phone	On Campus #
Dean On Call	(909) 607-2000	72000

National Crisis Lines available 24/7

Resource	Phone
National Suicide Prevention Hotline	800-273-8255
Trevor Lifeline (LGBTQ)	866-488-7386
LA County Suicide Prevention Hotline	800-854-7771

Why does Scripps College offer the referral program?

The program is meant to increase timely access to mental health services for Scripps students. While students may certainly choose to treat at the Monsour Counseling Center, as many Scripps students do, there are instances when a student might choose to seek an off-campus provider, especially given the high demand for Monsour counselors and the resulting waiting times. Additionally, the list of off campus providers is racially and ethnically diverse, and providers specialize in a variety of areas.

What students qualify for participation in the off-campus referral program?

Any currently enrolled and matriculating Scripps student may seek an off-campus referral for any reason. However, the College hopes to limit financial assistance to those students who have a demonstrated financial need. Students who do not have demonstrated financial need, but present other compelling reasons (such as privacy concerns) may also request financial assistance.

How much will each session cost?

Provider fees vary and details should be obtained from directly from the provider.

If I qualify, what exactly does the College cover?

The providers who accept insurance will bill your insurance plan directly for the cost of the session. Some providers require payment directly from you and will not work with insurance companies. Providers willing to bill your insurance company may require a co-payment, typically the difference between what the insurer will cover for each session and the provider's fee per session. The College will cover co-payments of up to \$75 per session. For those insurers requiring patients to pay them directly, Scripps will cover up to \$75 of the cost per session.

How do I choose a provider?

Ultimately, you should select a provider whose experience and background suit your specific mental health needs, and one that is a "good fit". Cost might also be a factor, although the Referral Program is meant to minimize the importance of cost considerations.

Is there a limit on the number of sessions Scripps will supplement?

Yes. The College will supplement a maximum of 8 sessions per academic year. Some exceptions have been made in consultation with the individual provider and based on the compelling needs of the student.

How do I sign up for the referral program?

1. Students are required to complete the Counseling Referral request for services form by visiting [this link](#).
2. Once completed, you will receive a letter within 24 hours that can be shared with your provider during your first appointment. The letter informs them of your status as a Scripps College student, as well as the terms and conditions for any supplemental payment by Scripps, should your insurance not cover the entire cost of treatment.
3. Once you receive the confirmation letter, you may schedule an appointment directly with the provider.

The providers on the approved list do not accept my HMO insurance plan or my PPO Insurance Plan. What should I do?

To find out if your insurer covers providers in the area, contact your insurer by using the customer service number on the back of your insurance identification card. Your Primary Contact Dean can also meet with you to assist you in contacting your insurance provider.

Are the records of my treatment with the provider available to the College?

If the College is providing financial assistance, you will be asked to sign a release allowing the provider to bill the College directly for any amount the College has agreed to pay under the referral program. This release **does not** allow the College to obtain your private medical records. Should you decide, in working with your Primary Contact Dean, that release of all or some of those records would be beneficial; you would be asked to sign a separate authorization.

Off Campus Referral Provider List:

Below is a list of recommended local providers along with the insurance policies that each clinician accepts. Assuming the provider meets your specific needs, we suggest you work with those providers who accept your insurance. Remember, students with demonstrated financial need will receive up to \$75 towards the session cost or co-pay associated with their insurance plan. Total out of pocket expenses may differ from student to student.

If you would like to discuss your options, please reach out to your Primary Contact Dean or Christopher Dennis.

<u>Provider Name</u>	<u>Firm/Practice</u>	<u>Specialty</u>	<u>Insurance taken</u>	<u>Phone</u>	<u>Address</u>
Hennon, Monica Psy.D.	ARC Counseling and Wellness	Abuse/trauma, Grief, Medical issues, Relationships	Cigna, Aetna, Blue Cross, Blue Shield	909-333- 7434	101 N. Indian Hill Blvd., Ste. C1- 200, Claremont, CA 91711
Long, Marissa, Psy.D.	ARC Counseling and Wellness	Anxiety, Assessment, Depression, Medical issues, Relationships	none	909-333- 7434	101 N. Indian Hill Blvd., Ste. C1- 200, Claremont, CA 91711
Lawrence, Makisha	ARC Counseling and Wellness	Anxiety, Assessment, Depression, Medical issues, Relationships	none	909-333- 7434	101 N. Indian Hill Blvd., Ste. C1- 200, Claremont, CA 91711
Arguello, Lorena, LMFT	Claremont Counseling	Abuse/trauma, anxiety, couples, depression, family issues, grief, PTSD, relationship issues, self- esteem, stress management	none	909-624- 1997	250 W. First St. Ste. 230, Claremont, CA 91711
Glaze, Helen, M.A.	Claremont Counseling	Anxiety, Culture/Identity, Couples, Depression, Family, LGBTQ+, Medical issues, Spirituality, Transition issues	none	909-624- 1997	250 W. First St., Ste. 230, Claremont, CA 91711
Brinkmeyer, Erin, MFTI	Claremont Counseling	Anxiety, Culture/Identity, Depression, Eating disorders, Family, Grief, Relationships, Substance abuse, Transition issues	none	909-624- 1997	250 W. First St., Ste. 230, Claremont, CA 91711
Devine, Heather, LMFT, LPCC	Claremont Counseling	Anxiety, Depression, Eating disorders, Grief, Medical issues, Relationships, Spirituality, Stress management	none	909-624- 1997	250 W. First St., Ste. 230, Claremont, CA 91711
Halko-Weekes, Kari, Ph.D.	Claremont Counseling	Anxiety, Depression, Eating disorders, Relationships, Stress management	Blue Cross, United Behavioral	909-624- 1997	250 W. First St., Ste. 230, Claremont, CA 91711
Gonzalez, Patricia, MFTI	Creative Insights Counseling	Abuse/trauma, Culture/Identity, Couples, LGBTQ+	none	909-240- 7833	409 Harvard Ave., Ste. 101, Claremont, CA 91711
Lowenthal, Traci, Psy.D.	Creative Insights Counseling	Abuse/trauma, Anxiety, LGBTQ+, Medical issues	none	909-240- 7833	409 Harvard Ave., Ste. 101, Claremont, CA 91711
Goldsmith, Stephanie, Ph.D.	Private	Abuse/trauma, Culture/Identity, Eating disorders, LGBTQ+, Mood disorders, Relationships	none	909-521- 8651	101 N. Indian Hill Blvd., Ste. C2- 202, Claremont, CA 91711

<u>Provider Name</u>	<u>Firm/Practice</u>	<u>Specialty</u>	<u>Insurance taken</u>	<u>Phone</u>	<u>Address</u>
Wallstrom, Dennis, Ph.D.	Private	ADHD, Anxiety, Depression, Spirituality	Cigna, Blue Shield, Aetna, Anthem Blue Cross	909-603-9300	114 N. Indian Hill Blvd., Ste. B, Claremont, CA 91711
Daye, Melanie, Ph.D.	Private	Depression, Eating disorders, Mood disorders, Stress management, Substance abuse	none	909-963-1503	201 W. 4th St., Ste. 200, Claremont, CA 91711
Ortenberger, Mary, LMFT	Private	Abuse/trauma, Anxiety, Depression, Eating disorders, PTSD	none	562-281-7752	219 Indian Hill Blvd., Ste. 201A, Claremont, CA 91711
Bonaventura, Kirsten, Psy.D.	Private	Abuse/trauma, Anxiety, Depression, Relationships, Self-esteem, Substance abuse, Transition issues	none	323-835-3661	219 N. Hill Blvd. Ste. 202A, Claremont, CA 91711
Salter-Moss, Karen, Ph.D.	Private	ADHD, Anxiety, Assessment, Depression, Medical issues, Mood disorders	Blue Cross, Aetna	909-624-6005	219 N. Indian Hill Blvd., Ste. 100, Claremont, CA 91711
Smith, Amy, LMFT	Private	Anxiety, Culture/Identity, Grief, Medical issues	none	909-973-8915	219 N. Indian Hill Blvd., Ste. 101, Claremont, CA 91711
Guthrie, Perry, Ph.D.	Private	ADHD, Anxiety, Depression, LGBTQ+, PTSD, Substance abuse	Blue Cross, Blue Shield, Aetna	909-989-5556	237 ½ W. 4th St., Claremont, CA 91711
Skenderian, Daniel, Ph.D.	Private	Abuse/trauma, Anxiety, Medical issues	Blue Cross	909-625-1123	237 W. Fourth St., Claremont, CA 91711
Helander, Terrill, Ph.D.	Private	ADHD, Assessment, Learning disorders	none	951-204-6166	250 W. First St., Ste. 242, Claremont, CA 91711
Palmer, Kirby LCSW	Private	Depression, PTSD, Substance abuse	Cigna, Blue Cross, Aetna	909-621-9023	250 W. First St., Ste. 242, Claremont, CA 91711
Rogers, Rick, Ph.D.	Private	Abuse/trauma, Anxiety, Depression, Grief, Relationships, Stress management	Blue Cross, Blue Shield, Aetna, United Behavioral Health	909-621-9023	250 W. First St., Ste. 242, Claremont, CA 91711
Ciccarelli, Janice, Ph.D.	Private	ADHD, Anxiety, Depression, Mood disorders, Relationships, Stress management	SHIP (bills directly), receipts for reimbursements	909-482-1200	250 W. First St., Ste. 314, Claremont, CA 91711
Hwang, Wei Chin, Ph.D.	Private	Abuse/trauma, Anxiety, Culture/Identity, Couples, Depression, Family, Relationships, Transition issues	none	310-433-3343	250 W. First St., Ste., 242, Claremont, CA 91711
Tang, Darlene Atweiler LCSW	Private	Anxiety, Couples, Depression, Grief, Stress management	none	626-536-2416	250 W. First St., Ste.340, Claremont, CA 91711
Kijak, Adrienne, LCSW, ATR	Private	Anxiety, Couples, Family, Relationships, Stress management	none	818-468-9198	405 N. Indian Hill Blvd., Claremont, CA 91711

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Kaeni, Katayune, Psy.D.	Private	Anxiety, Depression	none	909-451-9951	409 Harvard Ave., Ste. 101, Claremont, CA
Goudeock, Brianne De Witt, Ph.D.	Private	Anxiety, Culture/Identity, Couples, Family, Relationships, Spirituality, Stress management, Transition issues	none	909-293-9729	409 Harvard Ave., Ste. 101, Claremont, CA 91711
Wong, Christine, Psy.D.	Private	Anxiety, Culture/Identity, Depression, PTSD, Relationships, Self-esteem, Transition issues	Cigna, Blue Cross, Blue Shield, Aetna, United Behavioral	909-833-1596	427 Yale Ave., Ste. 200, Claremont, CA 91711
Aaron, Ruth, LMFT	Private	Anxiety, depression, stress management	Cigna, Blue Shield	909-831-6381	428 Harrison Ave., Ste.101E, Claremont, CA 91711
Agosti, Janet, LCSW	Private	Abuse/trauma, couples, relationships	none	909-941-0781	428 Harrison Ave., Claremont, CA 91711
Brooks, Natalie, LMFT	Private	Eating disorders	none	909-332-2286	428 W. Harrison Ave., Ste. 204, Claremont, CA 91711
Overholtzer, Tamson, MFT	Private/Bright Road Recovery (owner)	Anxiety, Depression, Eating disorders (IOP/PHP)	none	909-764-8255	428 W. Harrison Ave., Ste. 101, Claremont, CA 91711
Yi, Angela, Ph.D.	Private: Foothill Neuropsychology	ADHD, Anxiety, Assessment, Culture/Identity, Depression, Learning disorders, Medical issues, Spirituality, Transition issues	none	909-480-8065	1420 N. Claremont Blvd., Ste. 209C, Claremont, CA 91711
Terzyan, Seda, Ph.D.	Private	Abuse/trauma, Anxiety, Eating disorders, Mood disorders, Substance abuse, Transition issues	none	949-783-9590	101 N. Indian Hill Blvd., Ste. C2-202, Claremont, CA 91711
Reid, Roberta, LMFT	Private	Anxiety, Couples, Depression, LGBTQ+, Substance abuse	none	909-917-6815	1490 Claremont Blvd., Ste. 202, Claremont, CA 91711
Moriel, Juan, Psy.D., LMFT, LPCC	Private	Abuse/trauma, Anxiety, Depression, Family, LGBTQ+, Relationships, Substance abuse	Cigna, Blue Cross, Blue Shield, Aetna, United Behavioral	626-676-2419	1490 N. Claremont Blvd., Ste. 204, Claremont, CA 91711
Palmas, Kassandra, MFTI	Private	Anxiety, Culture/Identity, Eating disorders, Grief, Mood disorders, Stress management	none	909-480-8578	219 Indian Hill Blvd., Ste. 202A, Claremont, CA 91711
Adler, Deborah, Ph.D.	Private	Culture/identity, LGBTQ+, Mood disorders	none	909-621-0772	219 N. Indian Hill Blvd., Ste. 202A, Claremont, CA 91711
Hiler, Carolyn, MFT, ATR	Private	Anxiety, Depression, Relationships, Stress management	none	626-372-2908	219 N. Indian Hill Blvd., Ste. 202A, Claremont, CA

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					91711
Schwankovsky, Lenore, Ph.D.	Private	ADHD, Anxiety, Couples, Depression, Medical issues	Cigna, Blue Cross, Blue Shield, Aetna, United Behavioral	909-319-5091	237 W. Fourth St., Claremont, CA 91711
Durian, Bradford, LMFT	Private	Anxiety, Depression, PTSD	Cigna, Aetna	909-989-5556	237 W. Fourth St., Claremont, CA 91711
Pellitteri, John, Psy.D.	Private	ADHD, Anxiety, Assessment, Couples, Learning disorders	none	909-210-4030	250 First St., Ste. 242, Claremont, CA 91711
Gajic, Dragana, LCSW	Private	Anxiety, Depression, Medical issues, PTSD, Substance abuse	Blue Cross, Blue Shield	310-741-9451	250 W. First St., Ste. 242, Claremont, CA 91711
Truitt, Sara LCSW	Private	Culture/Identity, Couples, Eating disorders, PTSD, Transition issues	none	909-621-7820	270 W. 12th St., Claremont, CA 91711
Sokoloff, Michelle, Psy.D.	Private	Anxiety, Couples, Depression, Eating disorders, LGBTQ+, Mood disorders, Relationships, Substance abuse, Transition issues	Blue Cross	510-860-3106	405 N. Indian Hill Blvd., Claremont, CA 91711
Bleeker, Brianna, M.A.	Private	Abuse/trauma, ADHD, Anxiety, Culture/Identity, Depression, Eating disorders, LGBTQ+, Mood disorders, Spirituality	none		409 Harvard Ave, Ste. 101, Claremont, CA 91711
Shapin, Bonny, Ph.D.	Private	Anxiety, Depression, Eating disorders, Mood disorders, Substance abuse	Blue Cross, Blue Shield, Aetna	909-921-3828	415 W. Foothill Blvd., Ste. 212, Claremont, CA 91711
Lyn, Kenneth, MFT	Private	Abuse/trauma, Anxiety, Culture/Identity, Depression, LGBTQ+, Mood disorders, PTSD	Cigna, Blue Cross, Blue Shield, Aetna, United Behavioral	606-230-7281	427 Yale Ave. Ste. 101, Claremont, CA 91711
DesMarais, Helen Linda, Ph.D.	Private	ADHD, Assessment, Depression, Learning disorders, Mood disorders, Transition issues	Cigna, Aetna, Blue Cross, Blue Shield	909-985-9938	427 Yale Ave., Claremont, CA 91711
Simpson, Melissa, LMFT	Private	Abuse/trauma, Anxiety, Family, Medical issues	none	909-276-4286	428 Harrison Ave, Ste. 101, Claremont, CA 91711
Bradbard, Jacquelyn, LCSW	Private	Abuse/trauma, Anxiety, Depression, Family, Grief, Relationships, Self-esteem, Spirituality	Blue Shield	909-624-4283	428 Harrison Ave., Ste. 101B, Claremont, CA 91711
Bendiner-Horowitz, Joanna, LMFT	Private	Anxiety, Depression, Grief, Medical issues, PTSD, Transition issues	none	909-625-5506	428 W. Harrison Ave. Ste. 101A, Claremont, CA 91711
Albert, Katherine, LCSW	Private	Greif, medical issues	Cigna, Aetna	909-962-8552	428 W. Harrison Ave. Ste. 203, Claremont, CA

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					91711
Khalsa, Gurucharan, Ph.D.	Private	Abuse/trauma, Anxiety, Depression, Relationships, Spirituality, Stress management, Substance abuse, Transition issues	none	909-593-3798	428 W. Harrison Ave., Ste. 200, Claremont, CA 91711
Caporale, Catherine, Ph.D., LMFT	Verdant Oak Behavioral Health (VOBH)	Culture/Identity, Couples, Grief, Relationships, Transition issues	none	909-753-2788	1490 Claremont Blvd., Claremont, CA 91711
McMullin, Melissa, Psy.D.	Verdant Oak Behavioral Health (VOBH)	ADHD, Anxiety, Assessment, Depression, Learning disorders	Aetna, Blue Shield, Aetna	323-345-1402	1490 Claremont Blvd., Ste. 204, Claremont, CA 91711
Nicole Peeke, MSW, LCSW	Verdant Oak Behavioral Health (VOBH)	Abuse/trauma, Medical issues, Substance abuse	Aetna	323-345-1402	1490 N. Claremont Blvd., Ste. 204, Claremont, CA 91711
Ghassemy, Kimia, Psy.D.	Vibrant Start	Abuse/trauma, ADHD, Anxiety, Culture/Identity, Depression, Learning disorders, PTSD, Relationships, Substance abuse	none	909-833-0023	219 N. Indian Hill Blvd., Ste. 203, Claremont, CA 91711